

### Abstract Of The Disclosure

A valve for controlling a fluid, in particular for controlling a gas, is described, encompassing a valve housing an actuation unit for an at least locally tubular valve armature which is guided axially displaceably and is equipped with a valve closure member by which a fluid flow

- 5 between an inflow side and an outlet side is controllable and which coacts with a valve seat. The valve armature comprises a guidance collar in a region remote from the valve closure member, and is equipped with a second guidance in a region offset with respect to the guidance collar.